



## **PRESS RELEASE**

### **National Non-Smoking Week: City of Ottawa Falling Behind Other Canadian Municipalities that Protect Hospitality Workers and the Public from Second-Hand Smoke in Outdoor Spaces**

#### **FOR IMMEDIATE RELEASE**

Tuesday, January 18, 2011

The countdown to patio season in Ottawa is on!

Have you asked Mayor Jim Watson and Ottawa City Councillors when they will pass a new smoke-free bylaw for outdoor spaces?

The Ottawa Council on Smoking and Health has launched a postcard campaign, urging Mayor Jim Watson and Ottawa City Council to protect hospitality workers, children, seniors and others who are exposed to second-hand smoke (SHS) in outdoor spaces. (*See below for a copy of the postcard.*)

Ottawa lags behind a growing number of communities across Canada that prohibit smoking on patios and in parks and playgrounds, including Kingston, Saskatoon, Victoria and Vancouver, in addition to all of Newfoundland and Labrador, Nova Scotia, Alberta and the Yukon.

**There is no safe level of exposure to SHS, even outdoors.** SHS contains more than 4,000 chemicals, 69 of which are known to cause cancer. Exposure to SHS increases the risk of sudden infant death syndrome (SIDS), ear infections, respiratory infections, asthma attacks, lung cancer and heart disease.

The OCSH is raising awareness about exposure to second-hand smoke in outdoor spaces as it celebrates National Non-Smoking Week, which runs January 16-22, 2011.

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For more information:

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**Countdown to  
patio season -  
Make it smoke-free!**

[www.smokefreeottawa.com](http://www.smokefreeottawa.com)

**Avant la saison  
des terrasses -  
Faites-la sans fumée!**

[www.ottawasansfume.com](http://www.ottawasansfume.com)



**You enjoy a smoke-free workplace.  
Restaurant and bar servers deserve  
equal protection!**

**Vous profitez d'un milieu de travail sans  
fumée. Les travailleurs de l'industrie de  
l'accueil en méritent autant!**

Ottawa Council on Smoking and Health  
Conseil d'Ottawa sur le tabagisme et la santé



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[www.smokefreeottawa.com](http://www.smokefreeottawa.com)  
[www.ottawasansfume.com](http://www.ottawasansfume.com)