



Ottawa Council on  
Smoking and Health

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Conseil d'Ottawa sur le  
tabagisme et la santé

## Smoke-Free Outdoor Bylaw

Ottawa Board of Health

February 6, 2012

Presented by Suzanne Friedlaender and Carmela Graziani

# Why Smoke-Free Outdoor Spaces?

- Complaints from public
- Widespread community support
- Tobacco use is the leading cause of preventable death and disability
- Opportunity to make a difference; reduce high cancer and asthma rates in Ottawa

# Why Smoke-Free Outdoor Spaces?

- Protect vulnerable populations at risk: children, individuals with cancer, heart and lung disease, chronic diseases
- Help smokers to quit and stay smoke-free
- Prevent youth from starting to smoke
- Workplace health and safety issue
- U.S. Surgeon General: **No safe level of exposure to second-hand smoke, even outdoors.**

# Ottawa Public Health's Renewed Smoke-Free Ottawa Strategy

OCSH supports:

- Smoke-free patios, parks, beaches, sports fields
- Festivals & events on municipal property
- Fruit & vegetable markets
- Effective Spring 2012

# Gaps in Renewed SFO Strategy

- 9 metre buffer from entranceways
- Festivals on NCC property
- Hospital campuses
- Post-secondary institutions
- Construction sites
- Hotels, motels, B & Bs

**...a workplace health & safety issue that must be addressed!**

# Scientific Study of SHS on Patios

- August 2010
- Restaurant and bar patios in Ottawa
- Hazardous levels of small particulate matter when tobacco smoke was present

# OCSH Web Poll on Smoke-Free Outdoor Spaces

- August 2010 – May 2011
- 481 responses:
  - 90% → smoke-free patios
  - 89.9% → smoke-free parks, playgrounds
  - 91.5% → 9 meter zones (entranceways)
  - 91.6% → smoke-free sports fields
  - 88.9% → smoke-free beaches



Do You Want  
**SMOKE-FREE  
PATIOS?**



Voulez-vous des  
**TERRACES  
SANS FUMÉE?**



**VOTE · VOTEZ**

[www.smokefreeottawa.com](http://www.smokefreeottawa.com)  
[www.ottawasansfumee.com](http://www.ottawasansfumee.com)



*Corner of Albert and O'Connor Streets, Ottawa*  
*(Courtesy Penny Becklumb)*



# Britannia Beach







## Why Smoke-Free Outdoor Spaces? Pourquoi les espaces extérieurs sans fumée ?



### Outdoor smoking areas are a hidden threat to public health.

- Let's protect children from second-hand smoke in parks, beaches and playgrounds.
- Workers and patrons are at risk. Our scientific study shows hazardous levels of second-hand smoke on some patios.
- Tobacco use is the leading cause of preventable death in the City of Ottawa.
- There is no safe level of exposure to second-hand smoke.

### What will an outdoor smoke-free bylaw do?

- Provide equal protection for Ottawa residents, workers and tourists from second-hand smoke.
- Help youth and adults to quit smoking and prevent kids from starting.
- Allow all families to enjoy smoke-free outdoor public spaces.

### La fumée du tabac, même à l'extérieur, est une menace à la santé publique.

- Protégeons nos enfants des dangers de la fumée secondaire dans les parcs, sur les plages et dans les aires de jeu.
- Les travailleurs ainsi que les clients sont à risque. Notre étude scientifique confirme l'existence de niveaux dangereux de fumée secondaire sur les terrasses des restaurants.
- L'usage du tabac demeure la première cause de mortalité évitable à Ottawa.
- Il n'existe aucun niveau d'exposition à la fumée secondaire qui soit sans danger.

### Quel serait l'effet d'un arrêté municipal interdisant aux gens de fumer en plein air ?

- Protéger tous les résidents d'Ottawa, les travailleurs et les touristes de la fumée secondaire.
- Encourager les jeunes et les adultes à cesser de fumer et prévenir que les enfants commencent à fumer.
- Permettre à toutes les familles de profiter d'espaces en plein air sans fumée.

# OCSH Postcard Campaign







# Let's Make Ottawa's Outdoor Spaces Smoke-Free!

- Examples of Smoke-Free Outdoor Legislation:
  - Vancouver, Victoria, Saskatoon, Kingston, Thunder Bay, Kentville
  - Alberta, Nova Scotia, Newfoundland and Labrador, Yukon Territory
  - Los Angeles, New York City



# Let's Make Ottawa's Outdoor Spaces Smoke-Free!

- Protect children and other vulnerable individuals
- Protect workers
- Protect Ottawa's natural environment
- Reduce morbidity and mortality rates
- Reduce health care costs

