



Ottawa Council on  
Smoking or Health

Conseil d'Ottawa sur le  
tabagisme ou la santé

## NEWS RELEASE

**Ottawa, March 20, 2018**—The Ottawa Council on Smoking or Health (OCSH) congratulates and supports Cadillac Fairview for adopting a 100% smoke-free policy for all of their outdoor property at the CF Rideau Centre.

“We thank Cadillac Fairview for its leadership in making the entranceways, parking lots, and terrace/roof at the CF Rideau Centre 100% smoke-free”, says Carol McDonald, President of the Ottawa Council on Smoking or Health. “The OCSH is especially excited that Cadillac Fairview will prohibit smoking within 9 metres of all entranceways of the CF Rideau Centre.”

The OCSH welcomes more smoke-free outdoor public places and work places in our community, especially in the City of Ottawa’s downtown area, where exposure to second-hand smoke at building entranceways and on sidewalks remains a significant public health problem.

“We encourage more companies and employers to follow Cadillac Fairview’s lead,” says Ms. McDonald. “Smoke-free spaces protect employees and the public, and encourage smokers to quit and stay smoke-free.”

Anyone who is trying to quit smoking can ask for smoking cessation information and support from any health care provider or pharmacist. They can also call MyQuit at 1-877-376-1701 or visit [www.myquit.ca](http://www.myquit.ca).

The OCSH is a volunteer organization that was established in 1978. Our goals are to: create a social environment where non-smoking is the norm; to assist in establishing smoke-free environments; to prevent youth from starting to smoke; to encourage smokers to quit; and to advocate for better smoking cessation resources.

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